



# STUDENT HEALTH & COUNSELING



**Accessible  
Equitable  
Affordable  
Effective  
Healthcare for Students**



## SHAC is Comprehensive Health Care

- Primary Care
- Walk-In (urgent) Care
- Mental Health/ Counseling
- Psychiatry
- Sexual & Reproductive Health
- Health Promotion
- Lab
- Allergy & Immunization
- Travel Health
- Sports Medicine
- Physical Therapy
- Massage
- Acupuncture
- Pharmacy
- X-Ray

## Collegiate Health

UNM Student Health and Counseling is a fully-accredited, comprehensive, ambulatory healthcare clinic located in the heart of UNM's main campus. SHAC's mission is to provide affordable, accessible, expert care to approximately 23,000 UNM students each year with more than 22,000 distinct clinical encounters across our 14 clinics.

In addition to this direct clinical care, SHAC provides consultation to faculty, staff, and parents, and psychoeducational outreach to the entire campus community. Our Health Promotions staff work with our clinical departments to create informative educational campaigns for students. Our providers are cited on social media, in campus publications, and are invited to speak on our podcasts.

Our students call to schedule or walk-in to same-day appointments. We provide both in-person and telehealth to the students who live on campus, live in the community, or live across the state and study remotely. The majority of our students are from NM, approximately 3,000 from other states, 1,000 international students, and approximately 1,000 are military affiliated. Our student population is diverse; we are a Hispanic Serving Institution (HSI), with one of the largest American Indian/ Indigenous student populations, and with a growing Black/African-American and Asian Pacific-Islander population as well.

## SHAC Colleagues

There are currently 78 medical, counseling, and administrative staff, occupying 3 floors of our beautiful clinic in the heart of campus. SHAC has made Staff Needs a primary Strategic Goal. This means that we are interested and invested in work-life balance, resources, engagement, and professional development for all our staff. So we have a variety of ways we establish open communication, transparency, and support for everyone who works here.

All staff members meet on a weekly basis with their area colleagues, and providers engage in case consults to discuss clinical issues. Staff serve on SHAC committees ranging from Quality, Safety, Infection Control, Clinical Practice, and Fun (among others). We also serve on university-wide committees ranging from the Sexual Assault and Misconduct Team, Students of Concern Team, Wellness, and the Campus Mental Health initiative (among others).

SHAC has quarterly All-Staff meetings where we all convene with food, some fun, but also for pertinent updates on our state of affairs. We plan Holiday parties, end-of-year awards ceremonies, and brown-bag socials. SHAC is a fun place to work.



AMERICAN  
COLLEGE  
HEALTH  
ASSOCIATION

## Collegiate Health as a Specialty

SHAC is one of 700 member institutions of the American College Health Association. We communicate and convene annually with the 8,500 individual collegiate health professionals serving students across the nation. We follow the guidelines for student health recommended by the ACHA.



## UNM Is A Jed Campus

SHAC has affiliated with the Jed Foundation since 2016 to protect the emotional health of UNM students and provide services and resources to prevent student suicide. We are collaborators, we find a way, we build trust, we create belonging, and we are always improving.



ACCREDITATION ASSOCIATION  
for AMBULATORY HEALTH CARE, INC.

## SHAC is Accredited

We are dedicated to the highest quality of patient healthcare. We prioritize quality for our staff and the students we serve. We practice the highest standards in patient safety, we engage intentional organization design, we remain in compliance with all applicable laws, ethics, and standards of practice, we benchmark our services with peer institutions, and we continually improve.



## The Division of Student Affairs

SHAC is a unit under the Division of Student Affairs. As UNM Staff we report to the Vice President of Student Affairs and work in collaboration with 17 other campus departments to provide access, support, resources, and encouragement to all students in their pursuit of their degrees. We collaborate on a regular basis, and serve on committees with other StudentAffairs units such as the Dean of Students Office, the ethnic student resource centers, the Women's and Veterans/Military Resource Center, LGBTQ-Resource Center, Career Services, the Accessibility Resource Center, Student Activities, Student Publications, Children's Campus, the Student Union, Johnson Recreation Center, and Housing and Residential Life. We also serve International students through collaboration with the Global Education Office. Working at SHAC means becoming a part of the community and campus life.

## Taking Advantage of All the Benefits

The University of New Mexico and SHAC offer a whole host of benefits that creates high quality of life for employees as evidenced by UNM earning a 2023 Family-Friendly Business Award. As a benefits-eligible employee, you will have access to outstanding healthcare benefit options, you will be enrolled in a generous State Retirement program, and will receive both Annual and Sick Leave with access to other leave banks as well, if needed.

Wellness and Lifestyle benefits, and Tuition Remission benefits can be used by the employee, spouses/domestic partners, and dependents. Continuing Education benefits include classes that range from fitness and fun to languages to cooking to technical skill-building and travel. Click this link for more information [Benefits and Employee Wellness HumanResources | The University of New Mexico\(unm.edu\)](https://www.unm.edu/humanresources/benefits-and-employee-wellness) .

For licensed providers, SHAC offers educational leave and a stipend to support licensure maintenance, professional development opportunities, and conferences. We also offer in-service programs throughout the year.



## Considering SHAC as your next place of employment?

- SHAC is open Monday- Friday 8am to 5pm only.
- Free use of Johnson Gym, pool, and field with Bike Shop and Outdoor Adventure Center right next door.
- Multiple parking options with campus shuttle service.
- Campus/SHAC Closure on Holidays! Be off for Thanksgiving every year.
- Get more than 1 week off every Winter Break.
- Access to multiple libraries, periodicals, subscriptions, and document searches.
- Museums, sporting, cultural, and theater events available at discount or free.
- Beautiful campus, award-winning landscape architecture, gardens and arboretum, walking paths, food venues, and public art.

**We are routinely recognized for our outstanding work!**

### What students say about SHAC:

"I just wanted to tell you all that you're doing an amazing job. All of these resources are very relevant to personal well being. Keep up the good work."

-A UNM Senior

"I've gone to SHAC several times and the doctors, nurses and staff are always so friendly and knowledgeable. I wish all clinics/hospitals were like SHAC. It's especially great to have a place to go on campus as a student. Keep up the good work "

-Google Review

### Contact Us!

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*Thank You*