

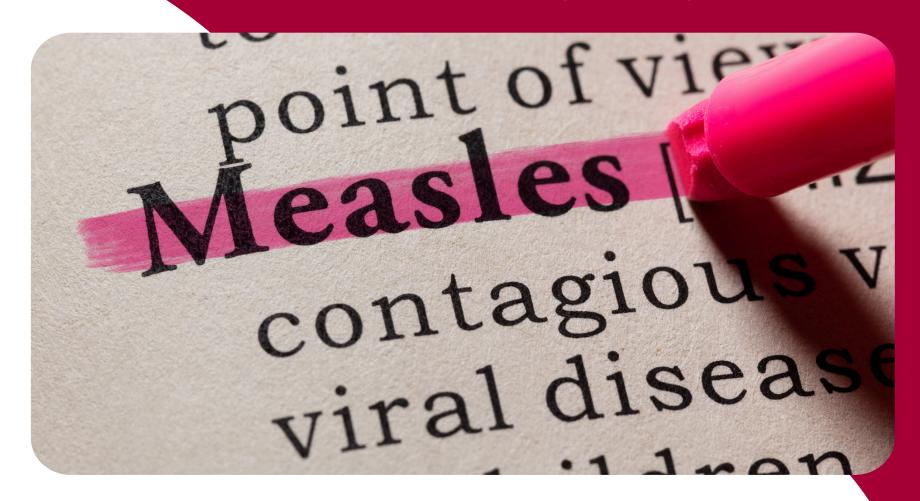


## MEASLES ALERT!

**SWIPE FOR INFO** 



# UNDERSTANDING MEASLES



- Measles is making headlines again. This highly contagious disease can be serious, even life-threatening, especially for those who are unvaccinated.
- Measles spreads when an infected person coughs, sneezes, or breathes near you. It's vital to ensure you are protected.
- Two doses of the MMR vaccine give the best protection against measles.
- Check your immunization records to see if you're covered!



### **MEASLES SYMPTOMS**



- If you notice any of these signs, take precautions:
- High fever
- Cough
- Runny nose
- Red, watery eyes
- Rash
- If you're experiencing any symptoms, wear a mask and call the clinic before visiting. Our SHAC nurses will help guide you on how to get the care you need safely.



#### **Travel & Measeles**



- It's critical to know your measles vaccination status before traveling, whether it's international or domestic.
- If you're planning any international trips this spring or summer, don't forget to schedule a travel consultation with SHAC.
- Call 505-277-1710 for an appointment.
- Travel safely and stay protected from preventable diseases like measles.



#### **TAKE ACTION!**



- Take Action Now! Protect Yourself!
- Not sure if you're covered? It's time to check your immunization records.
- If you need help or want to confirm your status, call SHAC to schedule an appointment with an immunization nurse.
- We're here to help you stay safe and healthy.
- Call 505-277-1710 today!
- More info: <u>shac.unm.edu</u>

