

# QUESTION, PERSUADE, REFER: 3 STEPS TO PREVENT SUICIDE

Sept 20th, Oct 18th, Nov 15th @ 2-3 pm

FREE WORKSHOP!  
FALL 2023



Learn:

- ✓ *What we know about suicide*
- ✓ *How to recognize signs of suicidality*
- ✓ *How to provide support for someone struggling*

**Sign Up  
Now!!  
Students  
can attend  
for FREE!**



STUDENT HEALTH  
& COUNSELING

Email [tholland1@unm.edu](mailto:tholland1@unm.edu) to register by selecting  
which workshop you want to attend!