## UNM STUDENT HEALTH AND COUNSELING (SHAC)
UNM, Building 73, MSC06 3870, ABQ, NM 87131
**Contact:** 505.277.3136  
**Website:** [http://shac.unm.edu/](http://shac.unm.edu/)  
**Appointment Hours:** M, W, Th, F 8:00am-5:00pm  
Tu 9:00am-5pm  
*Hours subject to change. Check web for updates.*

*Services are currently on hold. We apologize for the inconvenience.*
**Appointment Type:** Private Only  
**Initial Consultation Fee:** all for more info.  
**Follow-up Consultation Fee:** please call for more info.

### Diabetes – Nutrition / Education
**UNM:**  

**Presbyterian:**  
[https://www.phs.org/doctors-services/services-centers/specialties/endocrinology/Pages/kaseman.aspx](https://www.phs.org/doctors-services/services-centers/specialties/endocrinology/Pages/kaseman.aspx)

**Lovelace:**  

## RD DIETITIANS ABQ, LLC
1520 Tramway Blvd. NE, ABQ, NM 87112  
**Contact:** 505.273.2754 or [info@dietitiansabq.com](mailto:info@dietitiansabq.com)  
**Website:** [https://dietitiansabq.com/](https://dietitiansabq.com/)  
**Hours:** Call for info  
**Appointment Type:** Private or Group  
**Initial Consultation Fee:** $40-$120 dependent on who you see  
**Follow-up Consultation Fee:** $40-$98  
*Insurance is accepted with necessary provider referral*

## GLOBAL NUTRITION SERVICE
4425 Juan Tabo Blvd NE, Ste 140, ABQ, NM 87111  
**Contact:** 505.332.8070 or [Office@gnsdietitians.com](mailto:Office@gnsdietitians.com)  
**Website:** [http://gnsdietitians.com/](http://gnsdietitians.com/)  
**Hours:** Call for info (must schedule appointment)  
**Appointment Type:** Private Only  
**Initial Consultation Cost:** $80+ tax (1-1 1/2 hours)  
**Follow-up Consultation Cost:** $53 (1 hour)

## Intuitive Eating Counselor
Julia Shuster  
**Contact:** 303-501-5030  
**E-mail:** julia.shuster.va@gmail.com  
**Appointment Hours:** Vary  
**Appointment Type:** Individual or Group  
**Cost:** $50/session for individual, or $10/session for group counseling

## EAT WELL, LIVE WELL, BE WELL
Shelley Rael, MS, RD  
**Contact:** 505.379.0258  
**Website:** [http://shelleyrael.com](http://shelleyrael.com)  
**Appointment Hours:** Vary  
(Must schedule appointment)  
**Appointment Type:** Private Only  
- Virtual services - phone, email, Skype,  
- In-person  
**Initial Consultation Cost:** $75-$125  
**Follow-up Consultation Cost:** Varies (packages available)

---

*ALL LISTED PRICES ARE SUBJECT TO CHANGE. CONTACT EACH LOCATION DIRECTLY FOR CURRENT PRICING.*

---

Resources collected by UNM Student Health and Counseling (SHAC) [shac.unm.edu](http://shac.unm.edu)  
For more information contact our Health Promotion Department at 505.277.1074 or [peerhelp@unm.edu](mailto:peerhelp@unm.edu)