What is Bipolar Disorder?

Bipolar Disorder is a mental health disorder that causes unusual shifts in mood, energy, and activity levels, making it difficult to perform every day tasks. The moods range from low depressive episodes to high, manic episodes. There are four different types of the disorder.

Common Symptoms of Bipolar Disorder

- Feeling high, elated, and filled with energy
- Having racing thoughts & talking very fast
- Being agitated, irritated or touchy
- Doing risky things like spending large sums of money or having reckless sex
- Feeling very sad, down, or hopeless
- Having very little energy
- Have trouble sleeping
- Think about death or suicide

Screenings are quick, easy, and confidential and can help determine if your symptoms are consistent with depression.

Screening for Mental Health