### Male Exams Typically Include:

- **VITALS**: Typically check blood pressure, temperature, height and weight.
- **TESTICULAR EXAM**: Checking testicles for lumps, tenderness, or changes in size.
- **HERNIA EXAM**: Checks for weakness in the abdominal wall between the intestines and scrotum.
  - The famous "turn your head and cough"
- **PENIS EXAM**: Checking for evidence of sexually transmitted infections such as warts or ulcers on the penis.
- **PROSTATE EXAM**: Checking prostate for its size and any suspicious areas.

### UNM STUDENT HEALTH AND COUNSELING (SHAC)

UNM, Building 73, MSC06 3870, ABQ, NM 87131  
**Contact**: 505.277.3136  
**Website**: http://shac.unm.edu  
**Appointment Hours**: Monday-Thursday 8am-5:30pm  
  Friday 9am-5pm  
  **SHAC Summer Hours** (check website for exact dates):  
  Monday-Thursday 8am-5pm & Friday 9am-5pm  
**Appointment Options**: Walk-in or schedule in advance  
**Cost with insurance**: Co-pay set by insurance provider  
**Cost without insurance**: $15 (to see a provider)  
  - Additional cost for any additional test and laboratory/blood work  
    - Cost vary by test

### PRESBYTERIAN MEDICAL GROUP

(See website for complete list of locations)  
**Contact**: 505.462.7333  
**Website**: http://www.phs.org/  
**Appointment Hours**: Monday-Friday 8am-5pm  
**Appointment Options**: Schedule appointment in advance  
**Cost with insurance**: Co-pay set by insurance provider  
**Cost without insurance**: $95 (to see a provider)  
  - Additional cost for any additional test and laboratory/blood work  
    - Cost vary by test  
  - Financial assistance offered to those who qualify

### FIRST CHOICE COMMUNITY HEALTHCARE

(See website for complete list of locations)  
**North Valley Center**: 1231 Candelaria Road NW, ABQ, NM 87107  
**Contact**: 505.768.5450  
**Website**: http://fcch.com  
**Hours**: Monday, Tuesday & Friday 8am-5pm  
  (Closed 12-1pm)  
  Wednesday 8am-7pm (By Appointment Only)  
**Appointment Options**: Schedule appointment in advance  
**Cost with insurance**: N/A  
**Cost without insurance**: $30 minimum (Cost dependent on income)  
  - May be required to pay 0-100% of cost  
  - Need to bring a month of the most recent pay stubs or letter of unemployment

### ABQ HEALTH PARTNERS

(See website for complete list of locations)  
3901 Carlisle Blvd NE, ABQ, NM 87107  
**Contact**: 505.888.8500  
**Website**: http://abqhp.com  
**Appointment Hours**: Monday-Friday 8am-5pm  
**Appointment Options**: Schedule appointment in advance  
**Cost with insurance**: Co-pay set by insurance provider  
**Cost without insurance**: ~ $150-$400 (initial provider visit)  
  - Additional cost for any additional test and laboratory/blood work  
    - Cost vary by test

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**All listed prices are subject to change. Contact each location directly for current pricing.**