

Peer to Peer Blog

HOUSING AND FOOD INSECURITY AT UNM

October 13th, 2022

HOUSING INSECURITY

IS

the limited or uncertain availability of and access to stable, safe, adequate and affordable housing, or the inability to acquire the housing in a socially acceptable way.

(Goldrick-Rab et al. 2018, 4)

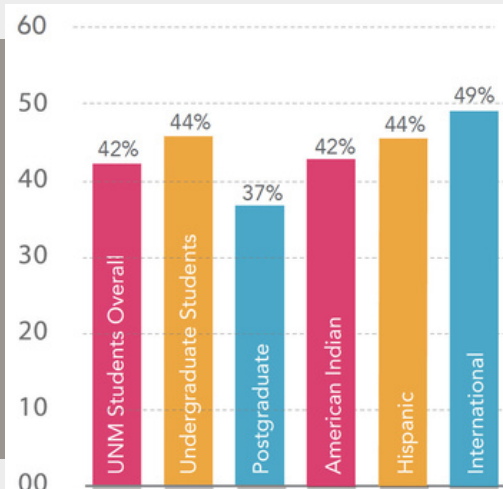
As a student, adequate and affordable housing was one of my top priorities upon selecting a university that made it possible to pursue my academic and career goals. In Fall 2020, I had the opportunity to live on campus for my first semester at UNM. However, due to COVID-19 restrictions and tuition costs, I had to move back home to continue my education online.

The early stages of the pandemic made it possible to learn remotely but made it difficult for international and out-of-state attendees to find stable student housing. The UNM student population often resonates with the challenges associated with finding affordable housing during the academic year, especially if coming from marginalized communities. This year, student housing was booked to full capacity.

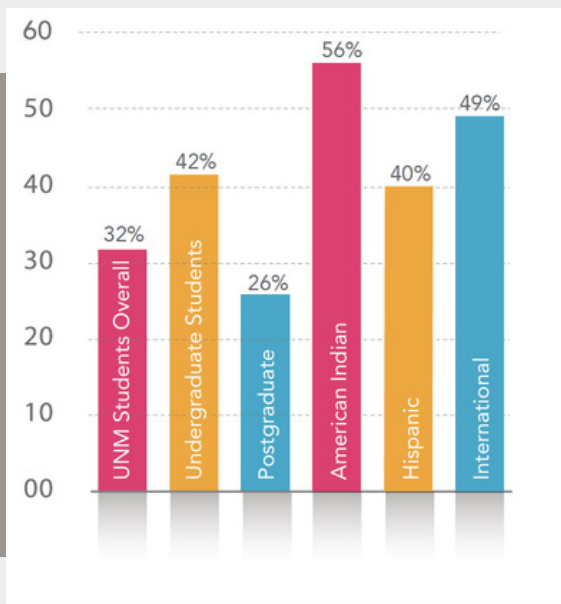
2021 HOUSING INSECURITY AMONG UNM STUDENTS

(UNM Basic Needs Project Report, 2021)

<https://basicneeds.unm.edu>



Housing status and healthy food accessibility heavily influence one another. As a student, I often struggle incorporating a nutrient dense diet with the limited options available on-campus. Luckily, I was fortunate enough to discover existing UNM resources supporting students during my freshman year. For instance, the Lobo Food Pantry is available to all students to fill a basket with grocery offerings of their choice. Housing and food insecurity can generate stress, worry, and/or anxiety on top of other responsibilities as a Lobo.



FOOD INSECURITY

IS

the limited or uncertain availability of nutritionally adequate and safe foods, or the ability to acquire those foods in a socially acceptable manner.

(Goldrick-Rab et al. 2018, 4)

"It was kind of a tough decision between rent and food.."

- survey participant

2021 FOOD INSECURITY AMONG UNM STUDENTS

(UNM Basic Needs Project Report, 2021)

<https://basicneeds.unm.edu>

IS THIS YOU?

RESOURCES:

[Lobo Food Pantry](#)

[Off Campus Housing](#)

[NM Coalition to End Homelessness](#)

HOW CAN YOU HELP?

DONATE: [Lobo Food Pantry](#)

GET INVOLVED: [ASHUNM](#)