Conflict Resolution

Spring 2020 Workshop for Students

Conflict resolution is a way for two or more parties to find a peaceful solution to a disagreement. The disagreement may be personal, financial, political, or emotional. When a dispute arises, often the best course of action is negotiation to resolve the disagreement. Learn how to manage and resolve conflict in a positive way.

When & Where
Monday, March 9
12:00-2:00 PM
SHAC, Room 234

What You’ll Learn:
• How to empathize with another person’s viewpoint
• Calm, non-defensive, and respectful reactions
• The ability to seek compromise

NO CHARGE!
For More Info, E-Mail: studentcounseling@unm.edu