# FEMALE EXAMS – August 2022

A female <u>annual exam</u> typically includes a pelvic exam, pap smear lab collection & clinical breast exam

<ul> <li>STUDENT HEALTH AND COUNSELING (SHAC)</li> <li>UNM, Building 73, MSC06 3870, ABQ , NM 87131</li> <li>Contact: 505.277.3136</li> <li>Website: <a href="http://shac.unm.edu">http://shac.unm.edu</a></li> <li>Appointment Hours: Mon, Wed, Thu, Fri: 8am-5pm Tu: 9am-5pm</li> <li>Hours subject to change; check web for updates.</li> <li>Appointment Options: Walk in or schedule in advance</li> <li>Cost with Insurance: Co-pay varies based on plan</li> <li>Cost without Insurance:</li> <li>Please call for more information</li> </ul>	WOMEN'S SPECIALISTS OF NEW MEXICO (See website for complete list of locations) Downtown Location: 1001 Coal SE, Albuquerque, NM 87106 Contact: 505.843.6168 wsnminfo@wsnm.org Website: http://www.wsnm.org Hours: Mon-Thu, 8am-5pm & Fri, 8am-3pm Appointment Options: Schedule in advance Cost with Insurance: Co-pay varies based on plan • \$22 Urine Pregnancy Test (available upon request) Cost without Insurance: Call for Pregnancy Testing Options
FIRST CHOICE COMMUNITY HEALTHCARE (See website for complete list of locations)	NEW MEXICO DEPARTMENT OF HEALTH (See website for complete list of locations)
North Valley Center: 1231 Candelaria Road NW ABQ, NM 87107	Midtown Office: 2400 Wellesley Ave. NE, ABQ NM 87106 Contact: 505.841.4100 Website: https://nmhealth.org/about/phd/fhb/fpp/
Contact: 505.345.3244	Hours: Monday-Friday 8am-5pm (Closed 12-1)
Website: <u>http://fcch.com</u> Hours: Monday-Friday: 8am-5pm	Appointment Options: Schedule in advance
<ul> <li>Appointment Options: Schedule in advance</li> <li>Cost with Insurance: N/A</li> <li>Recommend using providers who accept specified insurance</li> <li>Cost without Insurance: (Cost dependent on income)</li> <li>\$30 minimum Annual Exam &amp; Pap Smear or Urine</li> </ul>	<ul> <li>Cost with Insurance: N/A <ul> <li>Recommend using providers who accept specified insurance</li> </ul> </li> <li>Cost without Insurance: <ul> <li>Cost dependent on income sliding fee scale</li> <li>May be required to pay 0-100% of cost</li> <li>ID required and proof of insurance if applicable</li> </ul> </li> </ul>



\*Without insurance the Pap Smear lab fee is approximately \$114.95

#### ALL LISTED PRICES ARE SUBJECT TO CHANGE. CONTACT EACH LOCATION DIRECTLY FOR CURRENT PRICING. FEMALE EXAMS PLANNED PARENTHOOD PRESBYTERIAN MEDICAL GROUP (See website for complete list of locations) (See website for complete list of locations) Northeast Heights Health Center: 9809 Candelaria Road 201 Cedar St. Suite 5600 NE Contact: 505.563.6000 Albuquerque, NM 87112 Website: http://www.phs.org/PHS/doctors/pmg/ **Contact:** 505.294.1577 Hours: Monday-Friday 8am-5pm • Must be 21 or over for Pap Smear Website: http://plannedparenthood.org · Pelvic Exam offered to anyone 18 and over Hours: Mon – Friday 9a, -5pm & Sat 9am-3pm **Appointment Options:** Schedule in advance Appointment Options: Schedule in advance **Cost with Insurance**: Co-pay varies based on plan • Accept walk-ins for pregnancy testing before 4pm Cost without Insurance: Appointment Options: Walk in or schedule in advance • Base fee starting at \$95 **Cost with Insurance:** Co-pay varies based on plan Fees differ for different exams • Female Exams (Ages 18-39) • Cost without Insurance: Pap Smear Fee will vary by lab\* • \$140-160 Annual Exam (includes cost of pap smear lab) • \$25 Urine Pregnancy Test (bring photo ID) UNM HEALTH AND SCIENCES CENTER: WOMEN'S PELVIC SPECIALTY CARE **CENTER FOR REPRODUCTIVE HEALTH** 6621 Gulton Court NE Albuguergue, NM 87109 2301 Yale Blvd. SE, Building E ABQ, NM 87106 **Contact**: 505.888.0443 Contact: 505.925.4455 Website: http://womenspsc.com/ Website: https://unmhealth.org/services/family-planning-Appointment Hours: Monday-Thursday 9am-4:30pm reproductive-health.html **Appointment Options:** Schedule in advance Hours: Call for information **Cost with Insurance**: Co-pay varies based on plan Appointment Options: Schedule in advance Cost without Insurance: Accept walk-ins for pregnancy testing before 4pm • \$160-180 Annual Exam + Additional Lab Fees **Cost with Insurance:** Co-pay varies based on plan (Price dependent on age and type of patient Cost without Insurance: (new/existing)) • Do not provide annual exams • Pap Smear Fee will vary by lab\* • \$22 Urine Pregnancy Test + \$98-\$210 Office Visit FREE Urine Pregnancy Test (available upon request) (Price dependent on type of patient and amount of time for visit)

### \*Without insurance the Pap Smear lab fee is approximately \$114.95 ALL LISTED PRICES ARE SUBJECT TO CHANGE. CONTACT EACH LOCATION DIRECTLY FOR CURRENT PRICING

## MALE EXAMS

# Male Exams Typically Include:

- VITALS: Typically check blood pressure, temperature, height and weight.
- TESTICULAR EXAM: Checking testicles for lumps, tenderness, or changes in size.
- HERNIA EXAM: Checks for weakness in the abdominal wall between the <u>intestines</u> and scrotum.
   The famous "turn your head and <u>cough</u>"
- PENIS EXAM: Checking for evidence of sexually transmitted infections such as warts or ulcers on the penis.
- PROSTATE EXAM: Checking prostate for its size and any suspicious areas.

UNM STUDENT HEALTH AND COUNSELING (SHAC)	PRESBYTERIAN MEDICAL GROUP
UNM, Building 73, MSC06 3870, ABQ, NM 87131	(See website for complete list of locations)
Contact: 505.277.3136	Contact: 505.462.7333
Website: http://shac.unm.edu	Website: http://www.phs.org/
Appointment Hours: Mon, Wed, Thu, Fri: 8am-5pm	
Tu: 9am-5pm	Appointment Hours: Monday-Friday 8am-5pm
Hours subject to change; check web for updates.	Appointment Options: Schedule appointment in advance
Appointment Options: Schedule in advance	<ul> <li>Cost with insurance: Co-pay set by insurance provider</li> <li>Cost without insurance: \$95 (to see a provider)</li> <li>Additional cost for any additional test and</li> </ul>
<b>Cost with insurance:</b> Co-pay set by insurance provider	
<b>Cost without insurance:</b> \$15 (to see a provider)	
Additional cost for any additional test and	laboratory/blood work
laboratory/blood work	<ul> <li>Cost vary by test</li> </ul>
<ul> <li>Cost vary by test</li> </ul>	Financial assistance offered to those who qualify



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FIRST CHOICE COMMUNITY HEALTHCARE	Optum	
(See website for complete list of locations)	(See website for complete list of locations)	
<ul> <li>North Valley Center: 1231 Candelaria Road NW, ABQ, NM 87107</li> <li>Contact: 505.345.3244</li> <li>Website: <u>http://fcch.com</u></li> <li>Hours: Monday-Friday: 8am-5pm</li> <li>Appointment Options: Schedule appointment in advance</li> <li>Cost with insurance: N/A</li> <li>Recommend using providers who accept specified insurance</li> <li>Cost without insurance: \$30 minimum (Cost dependent on income)</li> </ul>	<ul> <li>3901 Carlisle Blvd NE, ABQ, NM 87107</li> <li>Contact: 505.254.6100</li> <li>Website: https://nm.optum.com/</li> <li>Appointment Hours: Monday-Friday 7:30am-4:00pm</li> <li>Appointment Options: Schedule appointment in advance</li> <li>Cost with insurance: Co-pay set by insurance provider</li> <li>Cost without insurance: ~ \$150-\$400 (initial provider visit)</li> <li>Additional cost for any additional test and laboratory/blood work <ul> <li>Cost vary by test</li> </ul> </li> </ul>	
<ul> <li>May be required to pay 0-100% of cost</li> <li>Need to bring a month of the most recent pay stubs or letter of unemployment</li> </ul>		
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