# FEMALE EXAM – August 2022

*A female annual exam typically includes a pelvic exam, pap smear lab collection & clinical breast exam*

## STUDENT HEALTH AND COUNSELING (SHAC)

UNM, Building 73, MSC06 3870, ABQ, NM 87131  
**Contact:** 505.277.3136  
**Website:** [http://shac.unm.edu](http://shac.unm.edu)  
**Appointment Hours:** Mon, Wed, Thu, Fri: 8am-5pm  
Tu: 9am-5pm  
Hours subject to change; check web for updates.  
**Appointment Options:** Walk in or schedule in advance  
**Cost with Insurance:** Co-pay varies based on plan  
**Cost without Insurance:**  
- Please call for more information

## WOMEN’S SPECIALISTS OF NEW MEXICO

(See website for complete list of locations)  
Downtown Location: 1001 Coal SE, Albuquerque, NM 87106  
**Contact:** 505.843.6168  
**Website:** [http://www.wsnm.org](http://www.wsnm.org)  
**Hours:** Mon-Thu, 8am-5pm & Fri, 8am-3pm  
**Appointment Options:** Schedule in advance  
**Cost with Insurance:** Co-pay varies based on plan  
- $22 Urine Pregnancy Test (available upon request)  
**Cost without Insurance:**  
- Call for Pregnancy Testing Options

## FIRST CHOICE COMMUNITY HEALTHCARE

(See website for complete list of locations)  
North Valley Center: 1231 Candelaria Road NW ABQ, NM 87107  
**Contact:** 505.345.3244  
**Website:** [http://fcch.com](http://fcch.com)  
**Hours:** Monday-Friday: 8am-5pm  
**Appointment Options:** Schedule in advance  
**Cost with Insurance:** N/A  
- Recommend using providers who accept specified insurance  
**Cost without Insurance:** (Cost dependent on income)  
- $30 minimum Annual Exam & Pap Smear or Urine Pregnancy Test  
  - May be required to pay 0-100% of cost  
  - Need to bring a month of pay stubs or letter of unemployment

## NEW MEXICO DEPARTMENT OF HEALTH

(See website for complete list of locations)  
Midtown Office: 2400 Wellesley Ave. NE, ABQ NM 87106  
**Contact:** 505.841.4100  
**Website:** [https://nmhealth.org/about/phd/fhb/fpp/](https://nmhealth.org/about/phd/fhb/fpp/)  
**Hours:** Monday-Friday 8am-5pm (Closed 12-1)  
**Appointment Options:** Schedule in advance  
**Cost with Insurance:** N/A  
- Recommend using providers who accept specified insurance  
**Cost without Insurance:**  
- Cost dependent on income sliding fee scale  
  - May be required to pay 0-100% of cost  
  - ID required and proof of insurance if applicable


| FEMALE EXAMS |
|------------------|------------------|
| **PLANNED PARENTHOOD** (See website for complete list of locations) | **PRESBYTERIAN MEDICAL GROUP** (See website for complete list of locations) |
| Northeast Heights Health Center: 9809 Candelaria Road NE  
Albuquerque, NM 87112  
Contact: 505.294.1577  
Website: [http://plannedparenthood.org](http://plannedparenthood.org)  
Hours: Mon – Friday 9a, -5pm & Sat 9am-3pm  
Appointment Options: Schedule in advance  
Accept walk-ins for pregnancy testing before 4pm  
Appointment Options: Walk in or schedule in advance  
Cost with Insurance: Co-pay varies based on plan  
Cost without Insurance:  
- $140-160 Annual Exam (includes cost of pap smear lab)  
- $25 Urine Pregnancy Test (bring photo ID) |  
201 Cedar St. Suite 5600  
Contact: 505.563.6000  
Website: [http://www.phs.org/PHS/doctors/pmg/](http://www.phs.org/PHS/doctors/pmg/)  
Hours: Monday-Friday  8am-5pm  
- Must be 21 or over for Pap Smear  
- Pelvic Exam offered to anyone 18 and over  
Appointment Options: Schedule in advance  
Cost with Insurance: Co-pay varies based on plan  
Cost without Insurance:  
- Base fee starting at $95  
- Fees differ for different exams  
- Female Exams (Ages 18-39)  
- Pap Smear Fee will vary by lab* |

| **UNM HEALTH AND SCIENCES CENTER: CENTER FOR REPRODUCTIVE HEALTH**  
2301 Yale Blvd. SE, Building E ABQ, NM 87106  
Contact: 505.925.4455  
Website: [https://unmhealth.org/services/family-planning-reproductive-health.html](https://unmhealth.org/services/family-planning-reproductive-health.html)  
Hours: Call for information  
Appointment Options: Schedule in advance  
Accept walk-ins for pregnancy testing before 4pm  
Cost with Insurance: Co-pay varies based on plan  
Cost without Insurance:  
- Do not provide annual exams  
- FREE Urine Pregnancy Test (available upon request) | **WOMEN’S PELVIC SPECIALTY CARE**  
6621 Gulton Court NE  
Albuquerque, NM 87109  
Contact: 505.888.0443  
Website: [http://womenspsc.com/](http://womenspsc.com/)  
Appointment Hours: Monday-Thursday 9am-4:30pm  
Appointment Options: Schedule in advance  
Cost with Insurance: Co-pay varies based on plan  
Cost without Insurance:  
- $160-180 Annual Exam + Additional Lab Fees  
  (Price dependent on age and type of patient (new/existing))  
- Pap Smear Fee will vary by lab*  
- $22 Urine Pregnancy Test + $98-$210 Office Visit  
  (Price dependent on type of patient and amount of time for visit) |

*Without insurance the Pap Smear lab fee is approximately $114.95

ALL LISTED PRICES ARE SUBJECT TO CHANGE. CONTACT EACH LOCATION DIRECTLY FOR CURRENT PRICING.
**Male Exams Typically Include:**

- **VITALS**: Typically check blood pressure, temperature, height and weight.
- **TESTICULAR EXAM**: Checking testicles for lumps, tenderness, or changes in size.
- **HERNIA EXAM**: Checks for weakness in the abdominal wall between the intestines and scrotum.
  - The famous "turn your head and cough".
- **PENIS EXAM**: Checking for evidence of sexually transmitted infections such as warts or ulcers on the penis.
- **PROSTATE EXAM**: Checking prostate for its size and any suspicious areas.

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**Website**: [http://shac.unm.edu](http://shac.unm.edu)  
**Appointment Hours**: Mon, Wed, Thu, Fri: 8am-5pm  
Tu: 9am-5pm  
Hours subject to change; check web for updates.  
**Appointment Options**: Schedule in advance  
**Cost with insurance**: Co-pay set by insurance provider  
**Cost without insurance**: $15 (to see a provider)  
  - Additional cost for any additional test and laboratory/blood work  
  - Cost vary by test

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**PRESBYTERIAN MEDICAL GROUP**

*(See website for complete list of locations)*

**Contact**: 505.462.7333  
**Website**: [http://www.phs.org/](http://www.phs.org/)  
**Appointment Hours**: Monday-Friday 8am-5pm  
**Appointment Options**: Schedule appointment in advance  
**Cost with insurance**: Co-pay set by insurance provider  
**Cost without insurance**: $95 (to see a provider)  
- Additional cost for any additional test and laboratory/blood work  
  - Cost vary by test  
- Financial assistance offered to those who qualify
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<tr>
<th>FIRST CHOICE COMMUNITY HEALTHCARE</th>
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<td><strong>Cost without insurance:</strong> $30 minimum (Cost dependent on income)</td>
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