

UNM STUDENT HEALTH AND COUNSELING (SHAC)

UNM, Building 73, MSC06 3870, ABQ, NM 87131

Contact: 505.277.3136**Website:** <http://shac.unm.edu/>**Hours:** Vary by Semester (*Must schedule appointment*)*SHAC Summer Hours* (check website for exact dates):
Monday-Thursday 8am-5pm & Friday 9am-5pm**Appointment Type:** Private Only**Initial Consultation Fee:** please call for more info.**Follow-up Consultation Fee:** please call for more info.**RD DIETICIANS ABQ, LLC**

5203 Juan Tabo Blvd NE, Albuquerque, NM 87121

Contact: 505.273.2754**Website:** <https://dietitiansabq.com/>**Hours:** Monday-Friday 8am-5pm**Appointment type:** Private or Group**Initial Consultation Fee:** \$40-\$120 dependent on who you see**Follow-up Consultation Fee:** \$40-\$98*Insurance is accepted with necessary provider referral***BREAK-A-WAY FITNESS AND NUTRITION, LLC**

Becky Freeman, RD, Certified Specialist in Sports Dietetics

Contact: 505.350.2451 (leave detailed message)**Email:** Break-A-WayFN@live.com**Website:** <http://www.coachbecky.com>**Hours:** Vary (*Must schedule appointment*)**Appointment Type:** Private Only**Initial Consultation Cost:** \$175 (1 hour)

- 3-7 day Food Log required before initial session

Follow-up Consultation Cost: \$65 (1 hour)**GLOBAL NUTRITION SERVICE**

4425 Juan Tabo Blvd NE, Ste 140, ABQ, NM 87111

Contact: 505.332.8070**Website:** <http://gnsdietitians.com/>**Hours:** Monday-Thursday 9am-5pmFriday 9 am- 2pm(*Must schedule appointment*)**Appointment Type:** Private Only**Initial Consultation Cost:** \$80+ tax (1-1^{1/2} hours)**Follow-up Consultation Cost:** \$53 (1 hour)**EAT WELL, LIVE WELL, BE WELL**

Shelley Rael, MS, RD

Contact: 505.379.0258**Website:** <http://shelleyrael.com>**E-mail:** SRaelRD@aol.com**Appointment Hours:** Vary (*Must schedule appointment*)**Appointment Type:** Private Only

- Virtual services - phone, email, Skype,
- In-person

Initial Consultation Cost: \$75-\$125**Follow-up Consultation Cost:** Varies (*packages available*)**ALL LISTED PRICES ARE SUBJECT TO CHANGE. CONTACT EACH LOCATION DIRECTLY FOR CURRENT PRICING.**