## UNM Student Health and Counseling (SHAC)

**UNM, Building 73, MSC06 3870, ABQ, NM 87131**

**Contact:** 505.277.3136  
**Website:** [shac.unm.edu](http://shac.unm.edu)  
**Appointment Hours:** M, W, Th, F 8:00am-5:00pm  
Tu 9:00am-5pm  
*Hours subject to change. Check web for updates.*

*Services are currently on hold. We apologize for the inconvenience.*

**Appointment Type:** Private Only  
**Initial Consultation Fee:** Call for more info.  
**Follow-up Consultation Fee:** please call for more info.

---

## RD Dietitians ABQ, LLC

**1520 Tramway Blvd. NE, ABQ, NM 87112**

**Contact:** 505.273.2754 or [info@dietitiansabq.com](mailto:info@dietitiansabq.com)  
**Website:** [https://dietitiansabq.com/](https://dietitiansabq.com/)  
**Hours:** Call for info  
**Appointment Type:** Private or Group  
**Initial Consultation Fee:** $40-$120 dependent on who you see  
**Follow-up Consultation Fee:** $40-$98  
*Insurance is accepted with necessary provider referral*

---

## Global Nutrition Service

**4425 Juan Tabo Blvd NE, Ste 140, ABQ, NM 87111**

**Contact:** 505.332.8070 or [Office@gnsdietitians.com](mailto:Office@gnsdietitians.com)  
**Website:** [http://gnsdietitians.com/](http://gnsdietitians.com/)  
**Hours:** Call for info (must schedule appointment)  
**Appointment Type:** Private Only  
**Initial Consultation Cost:** $80+ tax (1-1\(1/2\) hours)  
**Follow-up Consultation Cost:** $53 (1 hour)

---

## Intuitive Eating Counselor

**Julia Shuster**  
**Contact:** 303-501-5030  
**E-mail:** julia.shuster.va@gmail.com  
**Appointment Hours:** Vary  
**Appointment Type:** Individual or Group  
**Cost:** $50/session for individual, or $10/session for group counseling

---

## Eat Well, Live Well, Be Well

**Shelley Rael, MS, RD**  
**Contact:** 505.379.0258  
**Website:** [http://shelleyrael.com](http://shelleyrael.com)  
**Appointment Hours:** Vary *(Must schedule appointment)*  
**Appointment Type:** Private Only  
- Virtual services - phone, email, Skype,  
- In-person  
**Initial Consultation Cost:** $75-$125  
**Follow-up Consultation Cost:** Varies *(packages available)*

---

*All listed prices are subject to change. Contact each location directly for current pricing.*