**UNM STUDENT HEALTH AND COUNSELING (SHAC)**  
UNM, Building 73, MSC06 3870, ABQ, NM 87131  
**Contact:** 505.277.3136  
**Website:** [http://shac.unm.edu/](http://shac.unm.edu/)  
**Hours:** Vary by Semester  
**SHAC Summer Hours** (check website for exact dates): Monday-Thursday 8am-5pm & Friday 9am-5pm  
**Appointment Type:** Private Only  
**Initial Consultation Fee:** $15 (45 minutes)  
**Follow-up Consultation Fee:** $10 (30 minutes)

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**RD DIETICIANS ABQ, LLC**  
5203 Juan Tabo Blvd NE, Albuquerque, NM 87121  
**Contact:** 505.273.2754  
**Website:** [www.dieticiansABQ.com](http://www.dieticiansABQ.com)  
**Hours:** Monday-Friday 8am-5pm  
**Appointment type:** Private or Group  
**Initial Consultation Fee:** $105  
**Follow-up Consultation Fee:** $84  
*Insurance is accepted with necessary provider referral*

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**BREAK-A-WAY FITNESS AND NUTRITION, LLC**  
Becky Freeman, RD, Certified Specialist in Sports Dietetics  
**Contact:** 505.350.2451 (leave detailed message)  
**Email:** Break-A-WayFN@live.com  
**Website:** [http://www.coachbeckey.com](http://www.coachbeckey.com)  
**Hours:** Vary  
**Appointment Type:** Private Only  
**Initial Consultation Cost:** $175 (1 hour)  
  - 3-7 day Food Log required before initial session  
**Follow-up Consultation Cost:** $65 (1 hour)

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**GLOBAL NUTRITION SERVICE**  
4425 Juan Tabo Blvd NE, Ste 140, ABQ, NM 87111  
**Contact:** 505.332.8070  
**Website:** [http://gnsdietitians.com/](http://gnsdietitians.com/)  
**Hours:** Monday-Thursday 9am-5pm & Friday 9 am- 2pm  
**Appointment Type:** Private Only  
**Initial Consultation Cost:** $80+ tax (1-1.5 hours)  
**Follow-up Consultation Cost:** $53 (1 hour)

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**NEW LIFE NEW BODY-HEALTH COUNSELING**  
Lois Harvie, Holistic Health Counselor  
**Contact:** 505.450.5593  
**Website:** [http://newlifenewbody.com](http://newlifenewbody.com)  
**Hours:** Monday-Friday 9am-6pm  
**Appointment Type:** Online, Skype & Telephone  
**Initial Consultation Cost:** $50+ tax  
  - Sliding scale available for students  
**Follow-up Consultation Cost:**  
  - 2 sessions: $120  
  - 6 sessions: $350  
  - 12 sessions: $700

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**EAT WELL, LIVE WELL, BE WELL**  
Shelley Rael, MS, RD  
**Contact:** 505.379.0258  
**Website:** [http://shelleyrael.com](http://shelleyrael.com)  
**E-mail:** [SRaelRD@aol.com](mailto:SRaelRD@aol.com)  
**Appointment Hours:** Vary  
**Appointment Type:** Private Only  
  - Virtual services - phone, email, Skype,  
  - In-person  
**Initial Consultation Cost:** $75-$125  
**Follow-up Consultation Cost:** Varies (packages available)

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**ALL LISTED PRICES ARE SUBJECT TO CHANGE. CONTACT EACH LOCATION DIRECTLY FOR CURRENT PRICING.**

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Resources collected by UNM Student Health and Counseling (SHAC) [shac.unm.edu](http://shac.unm.edu)  
For more information contact our Health Education & Prevention Department at 505.277.1074 or [peerhelp@unm.edu](mailto:peerhelp@unm.edu)