Male Exams Typically Include:

- **VITALS**: Typically check blood pressure, temperature, height and weight.
- **TESTICULAR EXAM**: Checking testicles for lumps, tenderness, or changes in size.
- **HERNIA EXAM**: Checks for weakness in the abdominal wall between the intestines and scrotum.
  - The famous "turn your head and cough"
- **PENIS EXAM**: Checking for evidence of sexually transmitted infections such as warts or ulcers on the penis.
- **PROSTATE EXAM**: Checking prostate for its size and any suspicious areas.

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**UNM STUDENT HEALTH AND COUNSELING (SHAC)**

UNM, Building 73, MSC06 3870, ABQ, NM 87131

**Contact:** 505.277.3136

**Website:** [http://shac.unm.edu](http://shac.unm.edu)

**Appointment Hours:** Monday-Thursday 8am-5:00pm
Friday 9am-5pm

**SHAC Summer Hours** (check website for exact dates):
Monday-Thursday 8am-5:00pm & Friday 9am-5:00pm

**Appointment Options:** Walk-in or schedule in advance

**Cost with insurance:** Co-pay set by insurance provider

**Cost without insurance:** $15 (to see a provider)
- Additional cost for any additional test and laboratory/blood work
  - Cost vary by test

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**FIRST CHOICE COMMUNITY HEALTHCARE**

*(See website for complete list of locations)*

**North Valley Center:** 1231 Candelaria Road NW, ABQ, NM 87107

**Contact:** 505.768.5450

**Website:** [http://fcch.com](http://fcch.com)

**Hours:** Monday, Tuesday & Friday 8am-5pm (Closed 12-1pm)
Wednesday 8am-7pm (By Appointment Only)

**Appointment Options:** Schedule appointment in advance

**Cost with insurance:** N/A
- Recommend using providers who accept specified insurance

**Cost without insurance:** $30 minimum (Cost dependent on income)
- May be required to pay 0-100% of cost
- Need to bring a month of the most recent pay stubs or letter of unemployment

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**PRESBYTERIAN MEDICAL GROUP**

*(See website for complete list of locations)*

**Contact:** 505.462.7333

**Website:** [http://www.phs.org/](http://www.phs.org/)

**Appointment Hours:** Monday-Friday 8am-5pm

**Appointment Options:** Schedule appointment in advance

**Cost with insurance:** Co-pay set by insurance provider

**Cost without insurance:** $95 (to see a provider)
- Additional cost for any additional test and laboratory/blood work
  - Cost vary by test
  - 30% discount may be applied for additional cost
- Financial assistance offered to those who qualify

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**ABQ HEALTH PARTNERS**

*(See website for complete list of locations)*

3901 Carlisle Blvd NE, ABQ, NM 87107

**Contact:** 505.888.8500

**Website:** [http://abqhp.com](http://abqhp.com)

**Appointment Hours:** Monday-Friday 8am-5pm

**Appointment Options:** Schedule appointment in advance

**Cost with insurance:** Co-pay set by insurance provider

**Cost without insurance:** ~ $150-$200 (initial provider visit)
- Additional cost for any additional test and laboratory/blood work
  - Cost vary by test

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**ALL LISTED PRICES ARE SUBJECT TO CHANGE. CONTACT EACH LOCATION DIRECTLY FOR CURRENT PRICING.**