

**Male Exams Typically Include:**

- VITALS: Typically check blood pressure, temperature, height and weight.
- TESTICULAR EXAM: Checking testicles for lumps, tenderness, or changes in size.
- HERNIA EXAM: Checks for weakness in the abdominal wall between the intestines and scrotum.
  - The famous "turn your head and cough"
- PENIS EXAM: Checking for evidence of sexually transmitted infections such as warts or ulcers on the penis.
- PROSTATE EXAM: Checking prostate for its size and any suspicious areas.

**UNM STUDENT HEALTH AND COUNSELING (SHAC)**

UNM, Building 73, MSC06 3870, ABQ, NM 87131

**Contact:** 505.277.3136

**Website:** <http://shac.unm.edu>

**Appointment Hours:** Monday-Thursday 8am-5:30pm  
Friday 9am-5pm

**SHAC Summer Hours** (check website for exact dates):  
Monday-Thursday 8am-5pm & Friday 9am-5pm

**Appointment Options:** Walk-in or schedule in advance

**Cost with insurance:** Co-pay set by insurance provider

**Cost without insurance:** \$15 (to see a provider)

- Additional cost for any additional test and laboratory/blood work
  - Cost vary by test

**PRESBYTERIAN MEDICAL GROUP**

(See website for complete list of locations)

**Contact:** 505.462.7333

**Website:** <http://www.phs.org/>

**Appointment Hours:** Monday-Friday 8am-5pm

**Appointment Options:** Schedule appointment in advance

**Cost with insurance:** Co-pay set by insurance provider

**Cost without insurance:** \$95 (to see a provider)

- Additional cost for any additional test and laboratory/blood work
  - Cost vary by test
  - 30% discount may be applied for additional cost
- Financial assistance offered to those who qualify

**FIRST CHOICE COMMUNITY HEALTHCARE**

(See website for complete list of locations)

North Valley Center: 1231 Candelaria Road NW, ABQ, NM 87107

**Contact:** 505.768.5450

**Website:** <http://fcch.com>

**Hours:** Monday, Tuesday & Friday 8am-5pm (Closed 12-1pm)  
Wednesday 8am-7pm (By Appointment Only)

**Appointment Options:** Schedule appointment in advance

**Cost with insurance:** N/A

- Recommend using providers who accept specified insurance

**Cost without insurance:** \$30 minimum (Cost dependent on income)

- May be required to pay 0-100% of cost
- Need to bring a month of the most recent pay stubs or letter of unemployment

**ABQ HEALTH PARTNERS**

(See website for complete list of locations)

3901 Carlisle Blvd NE, ABQ, NM 87107

**Contact:** 505.888.8500

**Website:** <http://abqhp.com>

**Appointment Hours:** Monday-Friday 8am-5pm

**Appointment Options:** Schedule appointment in advance

**Cost with insurance:** Co-pay set by insurance provider

**Cost without insurance:** ~ \$150-\$200 (initial provider visit)

- Additional cost for any additional test and laboratory/blood work
  - Cost vary by test

**ALL LISTED PRICES ARE SUBJECT TO CHANGE. CONTACT EACH LOCATION DIRECTLY FOR CURRENT PRICING.**