

Male Exams Typically Include:

- VITALS: Typically check blood pressure, temperature, height and weight.
- TESTICULAR EXAM: Checking testicles for lumps, tenderness, or changes in size.
- HERNIA EXAM: Checks for weakness in the abdominal wall between the intestines and scrotum.
 - The famous "turn your head and cough"
- PENIS EXAM: Checking for evidence of sexually transmitted infections such as warts or ulcers on the penis.
- PROSTATE EXAM: Checking prostate for its size and any suspicious areas.

UNM STUDENT HEALTH AND COUNSELING (SHAC)

UNM, Building 73, MSC06 3870, ABQ, NM 87131

Contact: 505.277.3136**Website:** <http://shac.unm.edu>**Appointment Hours:** Monday-Thursday 8am-5:00pm
Friday 9am-5pm**SHAC Summer Hours** (check website for exact dates):
Monday-Thursday 8am-5pm & Friday 9am-5pm**Appointment Options:** Walk-in or schedule in advance**Cost with insurance:** Co-pay set by insurance provider**Cost without insurance:** \$15 (to see a provider)

- Additional cost for any additional test and laboratory/blood work
 - Cost vary by test

PRESBYTERIAN MEDICAL GROUP*(See website for complete list of locations)***Contact:** 505.462.7333**Website:** <http://www.phs.org/>**Appointment Hours:** Monday-Friday 8am-5pm**Appointment Options:** Schedule appointment in advance**Cost with insurance:** Co-pay set by insurance provider**Cost without insurance:** \$95 (to see a provider)

- Additional cost for any additional test and laboratory/blood work
 - Cost vary by test
 - 30% discount may be applied for additional cost
- Financial assistance offered to those who qualify

FIRST CHOICE COMMUNITY HEALTHCARE*(See website for complete list of locations)**North Valley Center:* 1231 Candelaria Road NW, ABQ, NM 87107**Contact:** 505.768.5450**Website:** <http://fcch.com>**Hours:** Monday, Tuesday & Friday 8am-5pm (Closed 12-1pm)
Wednesday 8am-7pm (By Appointment Only)**Appointment Options:** Schedule appointment in advance**Cost with insurance:** N/A

- Recommend using providers who accept specified insurance

Cost without insurance: \$30 minimum (Cost dependent on income)

- May be required to pay 0-100% of cost
- Need to bring a month of the most recent pay stubs or letter of unemployment

ABQ HEALTH PARTNERS*(See website for complete list of locations)*

3901 Carlisle Blvd NE, ABQ, NM 87107

Contact: 505.888.8500**Website:** <http://abqhp.com>**Appointment Hours:** Monday-Friday 8am-5pm**Appointment Options:** Schedule appointment in advance**Cost with insurance:** Co-pay set by insurance provider**Cost without insurance:** ~ \$150-\$200 (initial provider visit)

- Additional cost for any additional test and laboratory/blood work
 - Cost vary by test

ALL LISTED PRICES ARE SUBJECT TO CHANGE. CONTACT EACH LOCATION DIRECTLY FOR CURRENT PRICING.