### Male Exams Typically Include:
- **VITALS:** Typically check blood pressure, temperature, height and weight.
- **TESTICULAR EXAM:** Checking testicles for lumps, tenderness, or changes in size.
- **HERNIA EXAM:** Checks for weakness in the abdominal wall between the intestines and scrotum.
  - The famous "turn your head and cough"
- **PENIS EXAM:** Checking for evidence of sexually transmitted infections such as warts or ulcers on the penis.
- **PROSTATE EXAM:** Checking prostate for its size and any suspicious areas.

### UNM Student Health and Counseling (SHAC)
- **UNM, Building 73, MSC06 3870, ABQ, NM 87131**
- **Contact:** 505.277.3136
- **Website:** [http://shac.unm.edu](http://shac.unm.edu)
- **Appointment Hours:** Monday-Thursday 8am-5:30pm
  - Friday 9am-5pm
- **SHAC Summer Hours** (check website for exact dates):
  - Monday-Thursday 8am-5pm & Friday 9am-5pm
- **Appointment Options:** Walk-in or schedule in advance
- **Cost with insurance:** Co-pay set by insurance provider
- **Cost without insurance:** $15 (to see a provider)
  - Additional cost for any additional test and laboratory/blood work
    - Cost vary by test

### Presbyterian Medical Group
- *(See website for complete list of locations)*
- **Contact:** 505.462.7333
- **Website:** [http://www.phs.org/](http://www.phs.org/)
- **Appointment Hours:** Monday-Friday 8am-5pm
- **Appointment Options:** Schedule appointment in advance
- **Cost with insurance:** Co-pay set by insurance provider
- **Cost without insurance:** $95 (to see a provider)
  - Additional cost for any additional test and laboratory/blood work
    - Cost vary by test
    - 30% discount may be applied for additional cost
  - Financial assistance offered to those who qualify

### First Choice Community Healthcare
- *(See website for complete list of locations)*
- **North Valley Center:** 1231 Candelaria Road NW, ABQ, NM 87107
- **Contact:** 505.768.5450
- **Website:** [http://fcch.com](http://fcch.com)
- **Hours:** Monday, Tuesday & Friday 8am-5pm (Closed 12-1pm)
  - Wednesday 8am-7pm (By Appointment Only)
- **Appointment Options:** Schedule appointment in advance
- **Cost with insurance:** N/A
  - Recommend using providers who accept specified insurance
- **Cost without insurance:** $30 minimum (Cost dependent on income)
  - May be required to pay 0-100% of cost
  - Need to bring a month of the most recent pay stubs or letter of unemployment

### ABQ Health Partners
- *(See website for complete list of locations)*
- **3901 Carlisle Blvd NE, ABQ, NM 87107**
- **Contact:** 505.888.8500
- **Website:** [http://abqhp.com](http://abqhp.com)
- **Appointment Hours:** Monday-Friday 8am-5pm
- **Appointment Options:** Schedule appointment in advance
- **Cost with insurance:** Co-pay set by insurance provider
- **Cost without insurance:** ~ $150-$200 (initial provider visit)
  - Additional cost for any additional test and laboratory/blood work
    - Cost vary by test

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**ALL LISTED PRICES ARE SUBJECT TO CHANGE. CONTACT EACH LOCATION DIRECTLY FOR CURRENT PRICING.**