

The University of New Mexico
Student Health & Counseling (SHAC)

SUICIDE

A permanent response to a temporary problem

Did you know?

- Suicide is a leading cause of death among college students.
- Alcohol & weapons increase the probability of suicide success.
- New Mexico has one of the highest suicide rates in the U.S.

Resources are available:

**Emergency
Services**
911

**SHAC
Counseling Services**
277-4537

**UNM Psychiatric
Emergency Service**
272-2920

Uifeline.org
Online behavioral support
for college students
"Self-help yourself"

**Agora
Crisis Center**
Peer listening and
referral service
277-3013

**SHAC
Health Education**
Suicide prevention talks
for campus groups
277-7947

National Suicide Prevention Lifeline: 1-800-273-8255