



Student Health & Counseling (SHAC)

RE: **UNM Immunization Requirements**

Dear Incoming Student:

Colleges are potential high-risk areas for Measles, Mumps, and Rubella transmission because of the large concentrations of susceptible people. The Centers for Disease Control advise universities to require documentation of **two** Measles, Mumps, and Rubella (MMR) vaccines or other evidence of immunity.

Please review your immunization records. The **UNM immunization requirement** is met if you have documentation of **one** of the following:

- Two MMR shots after 12 months of age
- A blood test proving immunity
- Physician's verification of disease
- Date of birth prior to 1957

If you have met this requirement, it is **NOT** necessary to bring your immunization records to UNM Student Health & Counseling (SHAC). If you utilize SHAC services at some point, please bring a copy of your immunization records to your first appointment. If you have **NOT** met this requirement (or need assistance understanding your records), please come to the SHAC Immunization Clinic during the hours listed below, and we will be happy to assist you. Note: Health Sciences programs have additional requirements. The health program will give you a list of required immunizations.



Please do not fax or mail your immunization records to UNM Student Health & Counseling.

Please use the "Vaccination Self-Assessment Questionnaire" on the next two pages to assess your need for additional vaccines that are not required but are highly recommended. These vaccines are available at UNM SHAC.

Sincerely,

SHAC Allergy & Immunization Clinic
UNM Student Health & Counseling (SHAC)

SHAC Allergy & Immunization Clinic: (505) 277-7925
Hours: Monday – Friday, 8:00 am – 4:30 pm
(On Tuesdays, SHAC is closed from 8:00 to 9:00 am.)

SHAC Information & Appointments: (505) 277-3136
SHAC Web Site: shac.unm.edu

Vaccination Self-Assessment Questionnaire

Tetanus-, Diphtheria-, and Pertussis (Whooping Cough)-Containing Vaccination (e.g., DTP, DTaP, Tdap, or Td)—Single Vaccination:

- I am younger than age 65 and have not had a pertussis-containing vaccine as an adult.
- I have or will have close contact with a child younger than age 12 months and have not had a pertussis-containing vaccine as an adolescent or adult.
- I have not yet had at least 3 tetanus- and diphtheria-containing shots.
- I have had at least 3 tetanus- and diphtheria-containing shots in my lifetime, but I believe it's been 10 years or more since I received my last shot.
- I have no idea if I ever received any tetanus- and diphtheria-containing shots in school, the military, or elsewhere.

Hepatitis B—Series of 3 Injections/Doses:

State of New Mexico provides the vaccine to students under age 19. (Nominal charge for students under 19)

- I want to be vaccinated to avoid getting hepatitis B.
- I am age 18 or younger and haven't completed the series of hepatitis B shots.
- I was vaccinated with hepatitis B vaccine in the past but never completed the full 3-dose series.
- I am in one of the following risk groups, and I haven't completed the series of hepatitis B shots:
 - I am sexually active and am not in a long-term, mutually monogamous relationship.
 - I am a man who has sex with men.
 - I am an immigrant, or my parents are immigrants, from an area of the world where hepatitis B is common.^{2,3}
 - I live with or am a sex partner of a person with hepatitis B.
 - I have been diagnosed with a sexually transmitted disease.
 - I have been diagnosed with HIV.
 - I inject street drugs.
 - I have chronic liver disease.
 - I am or will be on kidney dialysis.
 - I am a healthcare or public safety worker who is exposed to blood or other body fluids.
 - I provide direct services for people with developmental disabilities.
 - I travel outside the U.S.^{1,2}

Hepatitis A Vaccination—Series of 2 Injections/Doses:

State of New Mexico provides the vaccine to students under age 19. (Nominal charge for students under 19)

- I want to be vaccinated to avoid getting hepatitis A and spreading it to others.
- I was vaccinated with hepatitis A vaccine in the past but never received the second shot.
- I might have been exposed to the hepatitis A virus in the past 2 weeks.
- I am in one of the following risk groups, and I haven't completed the 2-dose series of hepatitis A shots:
 - I travel in countries other than the U.S., Western Europe, Canada, Japan, Australia, and New Zealand.¹
 - I am a man who has sex with men.
 - I use street drugs.
 - I have chronic liver disease.
 - I have a clotting factor disorder.

Meningococcal Vaccination—Single Vaccination:

State of New Mexico provides the vaccine to students under age 19. (Nominal charge for students under 19)

- I am age 18 or younger and haven't received a meningococcal shot.
- I am (or will be) a college freshman living in a dorm.
- I am traveling to an area of the world where meningococcal disease is common.¹
- I have sickle cell disease, or my spleen isn't working or has been removed, or I have a terminal complement component deficiency.

Vaccination Self-Assessment Questionnaire

Chickenpox (Varicella) Vaccination—Series of 2 Injections/Doses:

- I was born in 1980 or later and have never had chickenpox or the vaccine, or I just don't know.
- I was born before 1980 and am either a healthcare worker or foreign born, and am not sure if I've had chickenpox or not.
- I may become pregnant and do not know if I've had chickenpox or the vaccine.

Human Papillomavirus (HPV) Vaccination:

- I am a woman age 26 or younger and haven't completed a series of shots against human papillomavirus.

Tuberculosis (TB) Screening—Determines your need for a TB skin test:

- Foreign-born students who have immigrated within the last 5 years from countries with high incidence of TB disease.
- Persons with signs and symptoms of active TB (cough greater than 2 weeks, bloody sputum, night sweats, weight loss).
- Close contacts of a person known or suspected to have TB disease.
- Persons with a history of travel to/in areas with a high incidence of TB disease.

1. Call Student Health & Counseling (SHAC) at (505) 277-3136 to make an appointment for the SHAC Travel Clinic.
2. Areas with high rates of hepatitis B include Africa, China, Korea, Southeast Asia including Indonesia and the Philippines, South and Western Pacific Islands, interior Amazon Basin, certain parts of the Caribbean (i.e., Haiti and the Dominican Republic), and the Middle East except Israel. Areas with moderate rates include South Central and Southwest Asia, Israel, Japan, Eastern and Southern Europe, Russia, and most of Central and South America.
3. Most adults from moderate- or high-risk areas of the world do not know their hepatitis B status. All patients from these areas need hepatitis B blood tests to determine if they have been previously infected. The first hepatitis B shot can be given during the same visit as the blood tests but only after the blood is drawn.

Checklist Source: Immunization Action Coalition, *Vaccinate Adults*, March 2009

Please note:

- For information about **vaccination charges**, call the SHAC Allergy & Immunization Clinic at (505) 277-7925.
- Allergy injections and skin testing are available at SHAC. For information, call (505) 277-7925.
- UNM SHAC is located on Main Campus north of Johnson Center and across the mall from (east of) the SUB. For information on SHAC services, call (505) 277-3136 or visit shac.unm.edu.